



## Jasper Workshop Info



### We invite you to join us for the 3<sup>rd</sup> annual Mountain Retreat in Jasper National Park's Palisades Training Centre.

Information regarding the retreat, workshop topics, facilitators and healers is outlined below.

#### Retreat Package includes the following:

Two nights Sleeping Accommodations  
3 meals and 3 snacks per day  
Reflexology Session (30 minute session by Dayna Boetzkes)  
Spiritual Healing Session (30 minute wholistic healing session by Tim Boetzkes)  
Color Light Therapy (1 thirty minute session each evening)  
Therapeutic Massage (30 minute session with Mary Rankin)  
Drumming Circle (evenings)  
Healing Circles (as required)  
Dancing (evenings)  
Fun

#### Workshop topics

1. Overview & Introductions
2. Chakra Breathing (A Zen Technique to open and feel into your chakras).
3. Color Light Sessions (Please see note below).
4. Hands-on Healing (Please see note below).
5. Painting Party: Express Your Vision (Please see note below).
6. Healing Colour Rays (Please see note below).
7. Meridian Therapy (Please see note below)
7. Attractor Field Dynamics (Please see note below)
8. Thought Fields (Please see note below)

#### Color Light Therapy Sessions

Being 'light beings' enables us to use Light to clear the effects of emotional trauma and to be present. Our every function, physical, emotional and spiritual, is enabled by Light. Our individual response to colored light is as unique as our voice. Session participants soon realize that the colors of light that they view as uncomfortable contains the key to revealing and unlocking those aspects that have imprisoned them in their illusions. Participants learn that as they gradually become more comfortable experiencing all of the colors, that they become willing to begin to accept themselves and their lives more fully. Their sense of wellness and health improves. Their conscious



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awareness gently expands as they gradually free themselves of the distressing emotional issues that 'they' triggered which activates unwanted stress in their lives. As we embrace the full spectrum of LIGHT and LIFE, our innermost Being awakens, blesses, and radiates grace to the world. "As we heal the past we free the future".

The sessions are conducted using a 'Spectral Receptivity System' (SRS). The SRS is a system that utilizes a holographically sculpted diffuser that projects pure wavelengths of flicker free colored light.

The cumulative effects of the sessions leave the participants with a powerful sense of well being as they become inspired to approach and accept their lives in meaningful ways. They become more aware of their innermost being and, how to activate the "healing color rays" and the meaning of authentic power, thus becoming increasingly empowered in their life's undertakings as they gently expand their awareness and consciousness with certainty and grace.

### Hands-On Healing

"Compassion involves offering others patience, kindness and nonjudgmental understanding, recognizing that all humans are imperfect and make mistakes."



The healing power of touch has always been an integral part of the human experience. When treating a wound, our first instinct is to cover the wound with our hand. When stressed, a reassuring touch is always soothing. The laying on of hands is an ancient art that epitomizes the intimate experience of healing touch and brings it to its full potency.

Find out how blending creative visualization, strong intent and attuning oneself to higher consciousness can bring about miraculous healing experiences.

This comprehensive exploration of the laying on of hands will cover basic hand positions for seated and reclined healing treatments, valuable tools for self healing, the power of beaming energy through the hands and the experience of group hands on healing.

Some of the benefits of hands on healing include...

- Assisting the body's natural ability to heal itself.
- Easing stress and anxiety
- Cleansing the body of toxins.
- Strengthening the immune system.
- Loosening blockages allowing the Qi (Chi) to flow freely.
- Enhancing intuition.

The focus of this workshop will be primarily a **hands-on** experience.

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### Open to your own Divine Nature as a Co-creator!

During our creative sessions at the Jasper retreat this year, we will become Creative Spiritual Explorers. We will explore how your life force is expressed through the energy of Spirit with breath, imagery, colour, paint, movement, sound, and our emotions. Through Creativity we will learn to **Articulate** our authentic nature through the energy of these mediums. Authentic Self-expression arises spontaneously from the deepest place of your being. By asserting your right to authentic expression you also claim your natural power!



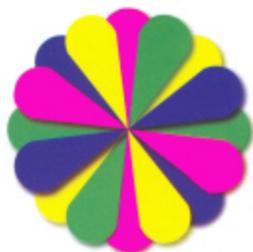
*“Our capacity to open up to the world seems to be directly related to our capacity to express ourselves. The path to expanded awareness begins as we non-judgmentally notice, feel and communicate our experience in the moment. Every time we suppress a perception or an impulse to speak (or express in other ways) we limit our life force a little more. (from Take your glasses off and see by Jacob Liberman, p. 122).*

NO ARTISTIC experience required, only a willingness to have fun.

### Activating Color Healing Rays

Accept the truth that you are a Light Being. As a unique Spark of Light, you have emanated from the Infinite Source of All and everything. This Spark of Light (You) has all the awareness of Infinite Source. It has a direct and inviolate link to Infinite Source because it (You) is a portion of Infinite Source!

The Spark is your Higher Self. It is your direct link to Infinite Source, and it is the sum total of all that you have ever known in any embodiment in any part of Creation. Accept the truth that you are a Light Being. Whether or not you are willing to accept this truth at this time is meaningless. What is important, and that which has meaning, is for you to consciously open to your Higher Self. You open to your Higher Self through your Mind and Heart. You must open your heart to allow awareness of this Light to fill your Being. The Heart is the center and main conduit of this Light of Higher Self to pour into your form. As you allow yourself to breathe this Light into your Heart, you awaken and you know the Truth. Learn to inhale all of your pain and unloving thought forms, and the pain of others, and the misery of the world, into your Heart. And exhale the radiance of Love, Joy and Peace into the world. That which you give is what you receive, right now. As we learn to think responsibly, we learn that we experience less spiritual, mental, emotional and physical pain.



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How does one correct faulty thought patterns that are both painful and harmful to itself and others? The answer, simply change the Light vibrational patterns. This part of the workshop clearly demonstrates a technique, which you can utilize to invite and activate the healing color rays, light beings and angelic helpers. This portion of the workshop includes a detailed 'how- to' workbook.

### Meridian Therapy

To say that our thoughts influence our physical bodies is a great understatement. Our chakras are interconnected via a light highway, called meridians. Think of meridians as a form of plumbing – light plumbing. Our meridians are influenced by our negative and positive emotions. Our emotions influence our internal organs. Our negative emotions, when subjected to a long period of time manifests as an uncomfortable acute condition which leads to a chronic condition and if left untreated becomes a disease of some form. Using muscle testing, this portion of the workshop clearly demonstrates the effects of our loving thoughts, upon our bodies, and demonstrates techniques to 'reset' meridians. This portion of the workshop includes a detailed 'how- to' workbook.

### Attractor Field Dynamics

Our most basic Consciousness, the **emergency emotions** begin with shame as the lowest energy point, and as it expands it incorporates guilt, apathy, grief, fear, desire, anger and finally pride.

Next, as the power of our consciousness continues to grow and unfold we begin to incorporate those aspects associated with the **welfare emotions**. The welfare emotions begin with courage, and unfold and expand into neutrality, willingness, acceptance, reason, love, joy and peace on its rise to enlightenment.



Sickness is a defense against the Truth. Review the kind of energies that you have attracted into your life and then decide on those you no longer want to engage. Decide what kind of energy you want to experience, and start making those conscious decisions that activates and attracts them to your life.

Attractor Field Dynamics presents you with the opportunity to first verify the effects of the underlying discordant attractor fields that interact with your life and those around you. Next it presents you with the opportunity towards learning how to enable yourself to disengage the forceful effects of the lower discordant attractor fields (the emergency emotions) and, how to engage the power of the welfare emotions.

By comparison, the discordant, unloving attractor fields are best symbolized by emotional, psychological and physical sickness; whereas, the higher, loving attractor

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fields are states of health, wellness, happiness and peace of mind. Your true intentions are to teach yourself to align with the effects of the loving attractor fields, are they not?

Attractor Field Dynamics (AFD) is a convergence of Truth, inspired by the works of doctors David R. Hawkins, Kurt Ebert and Jacob Liberman.

The workshop very clearly and simply demonstrates the Power and Force of attractor fields. Via a conscious decision to actively participate, by using their pendulums, workshop attendees are taught a means to practice disengaging unloving discordant energies and to engage and sustain loving energies. Participants can place faith in the experience that comes from practice.

The cumulative effects of the workshops leave the participants with a powerful sense of well-being and direction for their lives. Many become inspired to approach and accept their lives in other meaningful ways. They become aware of and learn about their innermost being, and the meaning of authentic power thus becoming increasingly empowered in their life's undertakings as they gently expand their awareness and consciousness with certainty and grace. This portion of the workshop includes a detailed 'how- to' workbook.

### Thought Forms

"Thought Forms" are what you are continually thinking, whether you are aware of it or not. At all times there are ceaseless whisperings occurring in your mind that sometimes correlates to what is occurring in your life, and other times is merely the buzz of the conscious mind whirring in the background. Every thought becomes a form - an energy form. Subject only to the 'caliber' of the thought, it will assume a certain vibrational frequency (activating an "Attractor Field") that actually creates the form. Keep in mind that thoughts are things, that is, that thoughts are in fact matter. Your thoughts, unless otherwise dealt with, will become attached to you and the part of your auric field, the energy field that permeates and surrounds every being.



Every thought that you think contributes to the energetic field that surrounds and permeates your physical body. You know what this energy field is composed of, and so does everyone around you. Our mental thoughts influence our emotional body, which manifests and shapes our physical body. Pain in your physical body simply means that there is the fear in your Emotional body. Buddha stated: "You are what you think, having become what you thought".

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By accepting the responsibility and understanding that you are what you think you will create thoughts that will transform and heal you. In so doing there must be a heartfelt desire to be of service to Self and others for the **Highest Good of All**.

This workshop helps you to examine the Metaphysical Laws of Manifestation, to examine the nature of your thought forms, and demonstrates, in a meaningful way, a technique to ‘transform and heal’ those of your unloving thought forms (those that are subject to the Laws of Manipulation and Self-Gratification) that you are ready to release and clear. It also examines the light quotient of our Mental, Emotional and Spiritual bodies. This portion of the workshop includes a detailed ‘how- to’ workbook.

### About the 2005 Retreat Facilitators and Healers:

#### Summer Bozohora



With a bachelor’s degree in business and currently writing a thesis for her Masters degree in Theology while completing a Post Graduate Certificate in Art Therapy, Summer blends these disciplines to specialize in the psychology and spirituality of imagery and creativity. This blend of disciplines enables us to see our life and businesses as works of art and create them in a way that is congruent with our personal sense of integrity and meaning. With a cross section of methods in meditation, imagery and expressive art, creativity becomes a spiritual experience supporting your exploration of personal realities for insight, inspiration and personal transformation.

Summer’s consultation and facilitation skills, both in a group and individual context, coupled with her marketing and presentation skills enable her to develop programs, workshops or retreats specifically geared toward a specific goal or theme.

All registrants will experience first hand the impact that ‘Art Therapy’ can have on their innermost as they participate with Summer in the workshop entitled ‘Drawing Mandala’s of Inner Light’.

Summer is available for Creative Spiritual Consultation (individual & groups), Meaningful Murals, Corporate Challenge – Team Painting, Process Painting, Art as Meditation and Painting Parties.

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**Dayna Boetzkes** - is a holistic healer who practices out of StillPoint Healing Centre in Edmonton. She uses a combination of modalities to facilitate the healing process for her clients. These include hand, foot, ear, and color reflexology, Raindrop Therapy, Pendulum Dowsing, Crystals, Chakra and Meridian Therapy, Emotional Release Techniques, Distant Healing, and others. Dayna is also a Reiki Master who feels deeply honored to be able to channel universal energy towards the healing of others, and of the universe itself. She is also currently completing her certification in Paranormal Investigation. This will prove to be a very exciting journey indeed and she will soon be offering her services in this area. Her training in Reflexology is extensive and uses the same advanced techniques as those used in European countries. Dayna is available for both hands-on sessions or for distant healing.

Dayna Boetzkes

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**Mary Rankin** integrates her love of the expressive arts with her passion for healing work and play. Her business, Spiritwood Energy Works, is based in Edmonton, Alberta, specializing in Massage, CranioSacral Therapy and Therapeutic Touch. Music, visual arts and dance are interests which fuel her creative spirit and inspire her in her work to facilitate healing for each individual.

Mary Rankin

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### **Tim Boetzkes**

Tim is a spiritual healer. He is currently working on a doctoral degree in Metaphysics. He uses his skill as a Reiki Master together with other healing modalities such as: Biosonic Repatterning (tuning forks), aura cleansing, dowsing, metaphysical counseling and pain pulling to assist his clients at the Still Point Healing Center.

Time is available for private sessions in his studio, located in the Still Point Healing Centre, located on 124<sup>th</sup> street.

Tim Boetzkes

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**David Whalen**, working as a professional Property Manager and Certified Engineering Technologist, he has managed many of Canada's largest and most complex government buildings that have had upwards of several thousand occupants. Managing diverse needs from a multi-dimensional environment has offered him some unique experiences in the complex realm of human relations. The professional circumstances through which he has dealt with people have included: ice storms, labor strikes, protests, riots and emergencies such as fires, floods, volatile airborne substances, bomb and anthrax scares and many life and death situations.

During the last six years David has been studying and practicing color light therapy, using the techniques as learned from Dr. Jacob Liberman.

David augments color light therapy with Attractor Field Dynamics. Combined these two modalities support initiates in experiencing their own inner radiance and Light Consciousness. David's visions have taught him how to read and calibrate everyone's subtle "light body". The relationship between those light fields within and one's external world allows people to begin understanding the 'cause and effect' of their thoughts and intentions in their life.

After several hundreds of hours, thru his inner vision, his style of teaching has evolved. David has learned, that the laying of hands is a form of healing and that the hands and arms are an extension of the heart; through them one serves as a transformative conduit. David refers to this practice as "Channeling Light". This technique is freely shared throughout his workshops and light sessions.

David is currently working on a doctoral degree in Metaphysics. He leads and facilitates workshop sessions entitled 'Attractor Field Dynamics', 'Light Therapy', 'Affirmations', 'Self-Compassion', 'Thought Forms', Hands-On Healing and 'Healing Colour Rays'.

David is available for private and group Colour Light Therapy, Attractor Field Therapy Clearings and Hands-on Healing sessions.

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